



Professional Development COURSES

PSEA Eastern Region’s Professional Continuing Education Committee is pleased to announce its *TENTATIVE* professional development offerings for 2019-20. Here are a few things you need to know:

- ◆ **Workshops are open to PSEA members only.** These workshops are funded with dues dollars and a benefit of membership with your local association and PSEA.
- ◆ **Pre-registration is required....and space is limited** so it’s advisable to register early. **Unless specified otherwise, registration opens approximately one month before each session and closes one week prior to each session or when filled.** Registration will be available online (<https://www.psea.org/er/rcpe>) as well as by phone (610-391-0835) or email (e-rqn@psea.org).
- ◆ **All members are welcome to attend any workshop; however, those designed “EA ONLY” are geared toward teachers and those designed “ESP ONLY” are geared toward support staff.**
- ◆ **If you need to cancel,** contact Debbie Bernecker (dbernecker@psea.org or 610-391-0835) as soon as you know.
- ◆ **In the event of inclement weather,** call PSEA Eastern Region (610-391-0835) and/or check your email.

Note to Paraprofessionals: if taking a workshop for the hours, it is recommended that you obtain pre-approval from your employer to ensure the hours will be accepted.

All workshops held at the Eastern Region Office will begin with registration/light dinner from 5:30-6 p.m. with the workshop starting at 6 p.m.

October 15, 2019 Schuylkill Valley HS (929 Lakeshore Dr., Leesport) EA ONLY (4:30 p.m. registration/light dinner; 5 p.m. workshop)	Dealing with Violent Students and Violent Situations 2 hrs. <i>Presenter:</i> Cori Fecho This workshop consists of a practical discussion and tips of how to deal with violent students in our classroom and/or violent situations that arise in school buildings. We discuss how to deal with minor situations and what steps to take when situations escalate. Also addressed is how to communicate what you’re observing and what resources you need as well as procedures to be utilized when building a case for proper placement.
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October 17, 2019 Eastern Region Office (4950 Medical Center Circle, Allentown)	The Brain/Learning Connection: So Much to Learn, So Little Time 2 hrs. <i>Presenter:</i> Judith Petruzzi This session examines strategies and tools that support students in a variety of educational settings. Through research on how the brain functions, we can now identify what works to support student learning. Fill your bag with research proven ideas to suppose students across the educational environment!
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<p>October 21, 2019</p> <p>Carbon Career & Technical Institute (150 West 13th Street, Jim Thorpe)</p> <p>(5:30 p.m. registration/light dinner; 6 p.m. workshop)</p>	<p>QPR: Question, Persuade, Refer 1½ hrs.</p> <p><i>Presenter:</i> Ashley M. Highland</p> <p>Like CPR is an emergency medical intervention, QPR is an emergency mental health intervention for suicidal persons created in 1995 by Paul Quinnett. An abbreviation for Question, Persuade, and Refer, the intent it also to identify and interrupt the crisis and direct that person to the proper care. QPR educates individuals about the known warning signs of a suicide crisis: expressions of hopelessness, depression, giving away prized possessions, talking of suicide, securing lethal means and then taught on how to respond.</p>
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<p>October 28, 2019</p> <p>Eastern Region Office (4950 Medical Center Circle, Allentown)</p>	<p>Bystander Intervention Training 2 hrs.</p> <p><i>Presenter:</i> Cori Fecho</p> <p>This training will focus on talking about hurdles that keep us from intervening in all different kinds of bullying situations that involve adults and students. We will also discuss trusting your instincts and strategies that help make intervening easier. Finally, we will discuss how these skills also translate to situations when working with colleagues and supervisors.</p>
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<p>November 12, 2019</p> <p>Northeast Middle School (1170 Fernwood St., Bethlehem)</p> <p>(5:30 p.m. registration/light dinner; 6 p.m. workshop)</p>	<p>Generational Dysfunction: The Cycle of Trauma 2 hrs.</p> <p><i>Presenters:</i> Christy Yerck-Smith and Cori Fecho</p> <p>This session will focus some of the most impactful areas of generational dysfunction including poverty. It will also focus on how to acknowledge a student's personal needs while continuing to deliver instruction, meeting academic goals, and building community. We will also dismantle systemic problems in the school culture to allow you to be more effective when balancing these needs.</p>
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<p>November 19, 2019</p> <p>Eastern Region Office (4950 Medical Center Circle, Allentown)</p> <p style="color: red; font-weight: bold;">ESP ONLY</p>	<p>How Support Staff Members from All Classifications are Integral When Dealing with Violent Students and Violent Situations 2 hrs.</p> <p><i>Presenter:</i> Cori Fecho</p> <p>This workshop, which includes a practical discussion and tips of how to deal with violent students in our classrooms and/or violent situations that arise in school buildings, will address how to deal with minor situations and what steps to take when situations escalate. As support staff, you often have witnessed behaviors and have critical information in non-classroom settings about a student. We will focused on what items you need to have in order to be effective at working with students, how to communicate with teachers/supervisors when you have pertinent insights, and what resources are available in every school community to address concerns that you may have observed.</p>
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<p>December 16, 2019</p> <p><i>DATE CHANGE</i></p> <p>Eastern Region Office (4950 Medical Center Circle, Allentown)</p> <p>NOT ACT 48 or CHAPTER 14 ELIGIBLE</p>	<p>Degrees Not Debt: How to Manage Student Loan Debt 2 hrs.</p> <p><i>Presenter:</i> Cori Fecho</p> <p>With seven out of 10 college graduates owing an average \$30,000 in student loans, student debt is no longer just a burden — it's become a barrier to the American Dream. This session will help educators and aspiring educators be more informed about and more effectively manage their student debt. It will provide resources and information about public service loan forgiveness, income driven repayment options, and increased use of grants to help more effectively and proactively manage student loan burdens.</p>
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<p>January 21, 2020</p> <p><i>DATE CHANGE</i></p> <p>Eastern Region Office (4950 Medical Center Circle, Allentown)</p>	<p>Are You A Strengths-Finder? Using Positive Psychology to Improve Instruction (PART TWO) 2 hrs.</p> <p><i>Presenter:</i> Cori Fecho</p> <p>This session is part two to a series on positive psychology. The first session focused on the theory behind positive psychology, looking at oneself, and applying what you learned to strengthen your workplace. This session will take what we have learned and continue to work on using that within the school environment in order to build community within your classroom and beyond. By switching your perspective about a student to his/her strengths, we will discuss how this will help to then improve areas that are not as strong including academic progress.</p>
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<p>February 4, 2020</p> <p>Eastern Region Office (4950 Medical Center Circle, Allentown)</p>	<p>Writing Legally Strong IEPs 2 hrs.</p> <p><i>Presenter:</i> Judith Petruzzi</p> <p>IEPs are the backbone of special education. Using suggestions, guidelines, and examples from PDE, PaTTAN, and LRP, this session explores all sections of the IEP and the needed documentation and information to create a strong IEP.</p>
<p>Pre-registration is required...and space is limited! To register, visit our website (www.psea.org/er/rcpe) for registration instructions.</p>	

<p>February 25, 2020</p> <p>Eastern Region Office (4950 Medical Center Circle, Allentown)</p> <p>EA ONLY</p>	<p>Student Advocacy and Classroom Community Building When Working with Violent Students and Violent Situations (PART TWO) 2 hrs.</p> <p><i>Presenter:</i> Cori Fecho</p> <p>A student who has violent outbursts in the classroom is a difficult situation for everyone involved. This often cultivates a classroom environment that is not welcoming to anyone as resources are not allocated, frustrations set-in, and behaviors often escalate. This session will focus on using the practical suggestions discussed in session one by building on how to advocate more effectively for all students, focus in on what resources you need to be effective in the classroom, and to rebuild classroom community to create a welcoming environment for all students.</p>
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<p>March 3, 2020</p> <p>Eastern Region Office (4950 Medical Center Circle, Allentown)</p> <p>ESP ONLY</p>	<p>So You Think You Can't Be Fired? (or How to Better Avoid Nights Full of Worry!) 2 hrs.</p> <p><i>Presenter:</i> Cori Fecho</p> <p>This session will give you actual incidents that you probably never even thought could happen but did to regular, excellent employees. Most don't end in being fired, but we explain the difficult position that Districts find themselves navigating and the sleepless nights for the employee until we are hopefully able to get the situation rectified.</p>
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<p>April 7, 2020</p> <p>Berks County area</p> <p>EA ONLY</p> <p>(location/start time TBD)</p>	<p>Classroom Management: Could Your Mental Set Need a Reset? 2 hrs.</p> <p><i>Presenter:</i> Cori Fecho</p> <p>This session will review research-based classroom management techniques that will reinforce all of the great things you are already doing while reminding you of things you haven't recently implemented. It will also allow for dialogue with colleagues from the Region to talk about things that practically work and how to keep yourself centered when the year starts to be trying.</p>
<p>Pre-registration is required! To register, visit our website (www.psea.org/er/rcpe) for registration instructions.</p>	

Note: Descriptions have been shortened; full descriptions will be available on the flyers advertising each session.