

# PSEA SOUTHERN REGION

## IPD COMMITTEE PRESENTS Professional Development & Learning Opportunities for 2020-2021

### ALL COURSES WILL BE:

- 5:30-7:30 PM VIA ZOOM
- FREE OF CHARGE
- ELIGIBLE FOR ACT 48 CREDIT

\*LINKS TO COURSES WILL BE SENT WITH CONFIRMATION OF REGISTRATION\*

FOR REGISTRATION AND MORE INFORMATION

[PSEA.ORG/SR/IPD](https://psea.org/sr/ipd)

Thursday, September 24, 2020

### Technology

The Shift to Remote Instruction and Distance Learning

**Presenter:** Chris Clayton, PSEA Education Services

### Wellness

The Burnout Cure

**Presenter:** Judith Petruzzi, PSEA Education Services

### Educational Justice

Understanding Equity

**Presenter:** Amy Wolfgang, PSEA Educational Justice Committee

\*Course descriptors on the back\*

Southern Region IPD Committee proudly brings to you three tracks this school year. Our focuses are Technology, Wellness and Educational Justice. These tracks give you an opportunity to pick one focus or jump from track to track based on your preferences or needs.



## **The Shift to Remote Instruction and Distance Learning**

This session will help educators think through shifting their instructional practices to more effectively align with current research and best practices for creating more effective distance-learning experiences for students. Delivering effective remote instruction for educators and distance learning for students and families present different challenges from face-to-face instruction and drawing on the work of experts such as Jennifer Gonzalez, AJ Juliani, Caitlyn Tucker, and many more. This session will help members learn about and explore these shifting educational paradigms of instruction and will present attendees with immediately actionable information, tips, strategies, and “take-away” tools and resources that educators can immediately actualize into their practice.

### **The Burnout Cure**

Teachers devote a great deal of time and energy to provide positive Social/Emotional Learning (SEL) for the students with whom they work. What about teacher/educator SEL? This session explores proactive and restorative measures teachers can take to practice self-care. Using The Burnout Cure: Learning to Love Teaching Again, by author Chase Mielke, strategies to re-connect to why we became teachers will be discussed. ***The first 25 members to register by September 18, will receive a free copy of The Burnout Cure.***

### **Understanding Equity**

How do our experiences define who we are, how we see the world, and how we teach our students? This session will help educators to begin working to explore their past experiences, values, and implicit biases, and how each of these affects what they do in their classrooms. This is the first in a series of workshops designed to help participants develop and share strategies to build a culturally responsive school environment where all students feel valued, welcomed, included, and safe.