

# PSEA SOUTHERN REGION

## IPD COMMITTEE PRESENTS

### Professional Development & Learning Opportunities for **2020-2021**

**ALL COURSES WILL BE:**

- **5:30-7:30 PM VIA ZOOM**
- **FREE OF CHARGE**
- **ELIGIBLE FOR ACT 48 CREDIT**

**\*LINKS TO COURSES WILL BE SENT WITH CONFIRMATION OF REGISTRATION\***

**FOR REGISTRATION AND MORE INFORMATION**

**[PSEA.ORG/SR/IPD](https://psea.org/sr/ipd)**

**Wednesday, November 18, 2020**

#### **Technology**

EdTech Pedagogy in Early Childhood

**Presenters:** Leslee Bullock & Kelsey Lafferty, NEA

#### **Wellness**

Mindfulness as Self-Care & In the Classroom – Part 1

**Presenter:** Katie Barrett, York Suburban Education Association

#### **Educational Justice**

Culturally Responsive Teaching, Multi-Cultural Curriculum & Social Justice in

Today's Modern Classroom – Part 2

**Presenter:** Dr. Chris Clayton, PSEA Educational Services

**\*Course descriptors on the back\***

**Southern Region IPD Committee proudly brings to you three tracks this school year. Our focuses are Technology, Wellness and Educational Justice. These tracks give you an opportunity to pick one focus or jump from track to track based on your preferences or needs.**



## **EdTech Pedagogy in Early Childhood**

Our youngest learners are navigating the world online and offline. How can we best accommodate the digital world, keeping our early childhood student's diverse and unique needs in mind? This session is designed to help educators use technology to provide learning and to know when offline options are best. Participants look at ways to evaluate technology and develop online activities for young students with parent supports.

## **Mindfulness as Self-Care & In the Classroom-Part 1**

Let's debunk the myth of mindfulness and learn how to use it both in and out of the classroom. Part 1 of this 2-part class will focus on how you can use mindfulness as self-care to live more in the moment and be fully engaged in your life. This practice has proven to reduce stress and burnout among teachers and increase overall well-being. Part 2 of this class will focus on using mindfulness in the classroom. Using these practices and strategies in your classroom will result in a less stressful environment, better student behavior, increased focus, and better student-teacher relationships. (Part 2 will be presented on February 23<sup>rd</sup>. Each session is run independently for Act 48 credits.)

## **Culturally Responsive Teaching, Multi-Cultural Curriculum & Social Justice in Today's Modern Classroom – Part 2**

This session delves into how educators can begin to implement and actualize a platform of Culturally Responsive Teaching, Multi-Cultural Curricula, and Social Justice practices within their classroom for students. Based on the work of experts such as Zaretta Hammond and her book "Culturally Responsive Teaching and the Brain" and a great many others, participants will emerge from the session with an enhanced understanding and a myriad of strategies and resources for actualizing a culturally responsive and more social justice-focused classroom. Onsite EA Student Topic Area: Art and Science of Teaching. (This session is a continuation from Part 1 on October 21<sup>st</sup>. Part 1 is NOT required prior to attending this session.)