

PSEA SOUTHERN REGION

IPD COMMITTEE PRESENTS Professional Development & Learning Opportunities for 2020-2021

ALL COURSES WILL BE:

- 5:30-7:30 PM VIA ZOOM
- FREE OF CHARGE
- ELIGIBLE FOR ACT 48 CREDIT

LINKS TO COURSES WILL BE SENT WITH CONFIRMATION OF REGISTRATION
FOR REGISTRATION AND MORE INFORMATION

[PSEA.ORG/SR/IPD](https://psea.org/sr/ipd)

Tuesday, February 23, 2021

Technology

App Mashing

Presenter: Christina Ortega, Central Dauphin Education Association

Wellness

Mindfulness as Self-Care

Presenter: Katie Barrett, York Suburban Education Association

Educational Justice

Student Achievement and Poverty

Presenter: Dr. Chris Clayton, PSEA Educational Services

Course descriptors on the back

Southern Region IPD Committee proudly brings to you three tracks this school year. Our focuses are Technology, Wellness and Educational Justice. These tracks give you an opportunity to pick one focus or jump from track to track based on your preferences or needs.



App Mashing

Covid 19's impact on education has placed digital tools at the forefront to every classroom. Educators need guidance of using digital tools to enhance learning. This App Mashing course will provide educators thoughtful planning and choosing various digital tools to create meaningful interactive lessons and projects.

Mindfulness as Self-Care

Let's take a closer look at the art of mindfulness and learn how to use it as self-care. This class will focus on using varying strategies to live more in the moment and be fully engaged in your life. This practice has proven to reduce stress and burnout among teachers and increase overall well-being. Join us and treat yourself to a night focused on YOU.

Student Achievement and Poverty

This session examines socio-economic status and student achievement in Pennsylvania and looks at approaches and interventions that are being implemented to help "close the achievement gap" for students around the country. Participants will leave the session with a better understanding of the facts and helpful knowledge and resources related to poverty and student achievement.