



Sponsored by **PSEA** Continuing Professional Education Committee
Eastern Region

Please join us for a relaxing evening of good wine and food while earning continuing education hours!

October 3, 2019

at

Folino Estate Vineyard & Winery
(340 Old Route 22, Kutztown)

Cost: \$10/PSEA member

5 p.m. Wine Tasting & Appetizers

6 p.m. Are My Strengths Working For or Against Me?

Presenter: Cori Fecho, PSEA UniServ Representative

Every person has a tremendous amount of attributes that are stronger than others. As we try to be the best and most effective in our workplaces, we call upon these strengths and try to improve on areas that we find don't come as naturally. But as we meet obstacles in the workplace and life, our strengths do not always allow ourselves to be our best self through a situation. Researchers are finding that overuse of our strengths in some situations can actually turn something from bad to worse!!! This session will focus on identifying the core areas that come naturally for us and the ones that do not. We will then delve into what research is saying will allow us to maximize our strength areas to use them appropriately while building on areas that do not shine as brightly. All of this will allow us to work towards greater happiness and effectiveness in our workplace.



7:30 p.m. Dessert/Coffee

*Paras, if attending for the hours, we recommend obtaining pre-approval from your employer to ensure hours will be accepted. Teachers/members with teaching certificate, if you provide your PPID #, you will receive 2 Act 48 hours for this workshop.



Pre-registration is required as space is limited!

(detach and return with \$10 fee OR register online, www.psea.org/er, with credit card)

October 3 RCPE Workshop at Folino Estate

Name _____ Local Association _____

Email (for confirmation) _____ Phone _____

Mail form and check for \$10 to:

PSEA, Attn: Debbie, 4950 Medical Center Circle, Allentown, PA 18106

Registration deadline: September 23, 2019.

