Mideastern Region’s 2022 Spring Leadership Conference

At the Alloy King of Prussia Hotel

SCHEDULE OF EVENTS

Saturday, April 2, 2022

7:30-8:30 AM - BREAKFAST
7:30-9:00 AM - REGISTRATION

8:30-9:30 AM - LARGE GROUP SESSION
  - Legal Update
    by Chuck Herring, PSEA MER Staff Attorney

9:30 AM - VENDORS AND WELLNESS FAIR OPEN

9:45-11:00 AM - BREAKOUT SESSION 1
11:15 AM - 12:30 PM - BREAKOUT SESSION 2

12:30-1:30 PM - LUNCH

1:30-2:00 PM - LARGE GROUP SESSION
  - Keynote Address
    by Noel Candelaria, NEA Secretary-Treasurer

2:15– 3:30 PM - BREAKOUT SESSION 3
3:45-5:00 PM - BREAKOUT SESSION 4

5:00-6:15 PM - RECEPTION/DOOR PRIZES
Recapture Your Purpose and Rediscover Your Joy  
Presenter: Suzanne Dailey, CBEA and Meg Burke, NPEA  

Tired? Overwhelmed? Feel like you are burning out? Join Meg Burke (learning coach from the North Penn School District) and Suzanne Dailey (professional developer from the Central Bucks School District) in this energizing and interactive session guaranteed to ignite, inspire, and reconnect you to your why. You will engage in collaborative and meaningful conversations, reflect, and reconnect to your why, and leave with practical strategies that promote work/life satisfaction. This is a part one teaser and participants are invited to attend part two on April 5th. Each session stands on its own, however. 1.5 hours of Act 48/Chapter 14 credits offered.

Essential Organizing Skills Part 1: Moving People to Action  
Presenter: Adam Clark, PSEA Mideastern Region Advocacy Coordinator  

Participants will learn the elements of an effective one-on-one organizing conversation in this interactive workshop. We will review the most effective language you can use to get someone involved in union activity, as well as how to structure the conversation in order to support engagement.

It’s Not All A Dumpster Fire: Local Leader Roundtable  
Moderator: Bill Senavaitis, PSEA MER President-Elect  

While members have spent the better part of the last two years dealing with the challenges of the pandemic, there have been bright spots, too. This session will allow participates to share success stories, both big and small, from their local in hopes of helping other leaders replicate their good work.
Self Care for Educators: Myth or Fact?
Presenter: Melissa Groden, Council of Southeast PA

Is self-care for educators even possible in these unprecedented times? Are you tired of having everyone tell you to “take care of yourself”? Self-care, at times, can feel like an unachievable goal. In this session we will discuss how to include self-care in our daily lives, without making it feel like another thing to check off your to-do list.

Essential Organizing Skills Part 2: Tracking Your Power
Presenter: Adam Clark, PSEA Mideastern Region Advocacy Coordinator

An extension of Essential Organizing Skills Part 1, participants will learn the basics of measuring support for union activity by using assessments and charting. These tools allow leaders to effectively build a strategy for common goals supported by member activity at any level of the association.

QPR (Question, Persuade, Refer): 3 Simple Steps To Save a Life
Presenter: Ty Williams, Community Crisis Liaison and Trainer, Access Services.

QPR stands for Question, Persuade, and Refer — the 3 simple steps anyone can learn to help save a life from suicide. Just as people trained in CPR and the Heimlich Maneuver help save thousands of lives each year, people trained in QPR learn how to recognize the warning signs of a suicide crisis and how to question, persuade, and refer someone to help.

As a QPR-trained “Gatekeeper” you will learn to:
• Recognize the warning signs of suicide
• Know how to offer hope
• Know how to get help and save a life

1.5 hours of Act 48/Chapter 14 credits offered.
**BREAKOUT SESSION 3 OPTIONS**
2:15 - 3:30 pm

**Healthy Mind Platter**
**Presenter:** Sandy Williams, PSEA HQ

Session organized around the Healthy Mind Platter, a concept developed by internationally renowned neuropsychiatrist and author, Dr. Dan Siegel, and based on content that was part of the 2021 Summer Wellness Wednesday sessions. We will investigate the science behind the value of the items in the platter and consider tips for how to add more of the “seven essential daily mental activities” into daily lives.

**TOGETHER. Building a Relationship Between EA and ESP.**
**Presenters:** Greg Moll, PSEA ME Region Field Director and Brad Gross, MER UniServ Representative

Separate or together? Many of our EA and ESP groups exist within the same district, but not all of them build the bridge of collaboration and communication that can essentially strengthen both locals in many ways. Through this presentation and facilitated discussion, we hope to provide tools to help strengthen your local.

**Equity Audits: What are they and how can they be used to create more equitable and excellent schools?**
**Presenter:** Dr. Chris Clayton, PSEA Asst. Director for Education Services

Attendees of this session will come away with an understanding of what equity audits are, how they can be implemented, and the powerful role they can play in creating excellent and equity-focused schools. Participants will also leave the session with knowledge about and access to pertinent resources, templates, and models of effective equity audit instruments utilized by school systems around the country. 1.5 hours of Act 48/Chapter 14 credits offered.
BREAKOUT SESSION 4 OPTIONS
3:45 - 5:00 pm

Social Emotional Learning for Educators
Presenter: Sandy Williams, PSEA HQ

Session organized around the concepts of Social Emotional Learning and the CASEL wheel, sharing the research on the concepts, and including discussions and practices for relating them to educators’ personal and professional lives.

Just Because You Can...Does It Mean You Should?
Or...How To Avoid Workplace Problems Before They Become One
Presenters: Brad Gross and Vicki Millard, PSEA MER UniServ Representatives

Put aside the outcome. Turn the eye from who is right and who is wrong. Venture into the world of decisions that any employee could make that can indirectly (or directly) land them in the hot seat with their employer.

Fostering a “Growth Mindset” in the Classroom Today
Presenter: Dr. Chris Clayton, PSEA Asst. Director for Education Services

This session is centered on the work of Dr. Carol Dweck and author Mary Cay Ricci’s book entitled “Mindsets in the Classroom.” It explores the importance of cultivating a growth mindset and foundational to effective social emotional learning in the classroom with students, teachers, and parents. Participants will emerge from the session with an understanding of “growth” and “fixed” mindsets and be armed with knowledge and resources to effectively implement productive “mindsets” in their classrooms in order to develop and foster growth, development, grit, and perseverance. 1.5 hours of Act 48/Chapter 14 credits offered.