



# QPR

Question, Persuade, Refer  
Ask a Question, Save a Life\*

*Presented by: Ashley M. Highland, Carbon CASSP Coordinator, CMP-MH/DS*

October 21, 2019 ♦ Carbon Career & Technical Institute  
(150 West 13th Street, Jim Thorpe)  
5:30-6 p.m. registration/dinner ♦ 6-7:30 p.m. workshop



Like CPR is an emergency medical intervention, QPR is an emergency mental health intervention for suicidal persons created in 1995 by Paul Quinnett. An abbreviation for Question, Persuade, and Refer, the intent it also to identify and interrupt the crisis and direct that person to the proper care. QPR educates individuals about the known warning signs of a suicide

crisis: expressions of hopelessness, depression, giving away prized possessions, talking of suicide, securing lethal means and then taught on how to respond.

**\*Paraprofessionals**, if taking this workshop for the hours, it is recommended that you obtain pre-approval from your employer to ensure the hours will be accepted.

**Members with teaching certificate**, if you provide your PPID #, you will receive 1½ Act 48 hours for this workshop.

**Register through October 13, 2019**

Register by phone (800-322-9032 or 610-391-0835),  
e-mail ([e-rqn@psea.org](mailto:e-rqn@psea.org)), or online ([www.psea.org/er/rcpe](http://www.psea.org/er/rcpe)).

**Pre-registration is required.**

