# Eastern Division Workshops 2022-2023

2022-2023 **ESP Eastern Division Officers** 

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#### **ESP Eastern Division Liaison**

Tiffany Dollar (O) (800) 322-9032

Wednesday September 21, 2022

Wednesday November 16, 2022

Wednesday March 15, 2023

\*Location: Eastern Region Office Allentown

Time: 5:30-6:00 p.m. (registration/light dinner) 6:00-8:00 p.m. (division meeting/workshop)

# Wednesday, September 21, 2022 VIRTUAL - Union Leader Reset

Presenter: Cori Fecho, PSEA UniServ Representative

Following the division meeting, Cori Fecho will present a training specific to local association leaders. This training is designed to help you as the local leader reset what should be the primary work and focus of the local. With all the mountains we have had to climb the last few years, it is important to reset back to the basics of the work that brings value to many of our members and to engage more people in this positive work of the union. This training will benefit a relatively new local leader about the fundamentals of union work we do while helping the more veteran leader reset.

# Wednesday, October 12, 2022 & February 15, 2023 VIRTUAL - ESP Coordinated Bargaining Meetings 6 - 7:30 p.m.

Facilitator: Steve Cholish, PSEA UniServ Rep

Coordinated Bargaining is a process whereby our division's local associations work together in an effort to improve terms and conditions of employment for all bargaining unit members. encourage local leaders to join this process so that we may all enjoy success in our bargaining efforts.

\*Division meetings may be held using a virtual platform. Please check your email, the region website or contact the Division office prior to each event for updated information.



# Tuesday, November 1, 2022

(co-sponsored with Eastern Region's RCPE Committee)

# VIRTUAL - Proactive Strategies for Safety (para hours)

Presenter: Judith Petruzzi, PSEA Education Services Division

It is the responsibility of public education to educate all students. An outcome is that some students who attend our schools have behavioral issues, some severe. This course is designed to take a comprehensive look at the school environment to maximize safety for students and staff. We will talk about the physical environment; establishment of clear and consistent routines and procedures; de-escalation techniques; and the need for clear communication among staff to address behavior.

Wednesday, November 16, 2022

National ESP Day Celebration, Highlighting
PSEA and NEA Member Benefits

Location: TBD

Presenter: Joe Thayer, PSEA Member Benefits, along with various

PSEA/NEA Member Benefits Vendors

Education Support Professionals (ESP) Day is November 16, 2022! All ESP members are invited to join the Eastern Division celebration and learn more about the money-saving benefits associated with belonging to PSEA and NEA.

IF YOU WORK
IN
BERKS,
CARBON,
LEHIGH,
NORTHAMPTON
OR
SCHUYLKILL
COUNTY, YOU
SHOULD
ATTEND THE
ESP EASTERN
DIVISION
MEETINGS.

# Wednesday, March 15, 2023 Annual Meeting AND "Being Mindful of your Well-Being" Workshop

Presenter: Sandra Williams, PSEA Executive Offices

Mindful practices can help us find focus and calm in the midst of instability and can help us to feel less stressed in our personal lives and more effective in our professional lives. This session will provide an overview and other specific tips for beginners and those who already have a mindfulness practice.

Please note this is a tentative listing; flyers containing specific details and registration information will be sent to all local association officers approximately one month prior to each activity as well as posted on Eastern Region's website (www.psea.org/er).

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