



Mideastern ESP Division Meeting & Workshop

Tuesday, March 10th 2026

Mideastern Region Office
601 Bethlehem Pike, Building C
Montgomeryville, PA 18936

Light Dinner - 5:30PM
Division Meeting - 6:00PM
Workshop - 6:30PM

Workshop:

Education in a TikTok World: Social Media, Your Mental Health, and Academic Success

Presenter: Michael Bogdan, Asst. Dir of Education Services

****CEU/Chapter 14 Hours are available with District Pre-Approval****

This engaging session equips educators and support professionals with a better understanding of the evolving role of social media in students' lives. Participants will explore both the positive and negative effects of social media on youth mental health, academic performance, and future aspirations. The session will examine how online platforms influence self-esteem, attention, peer relationships, and emotional well-being. Interactive discussions will focus on digital role modeling, current social media trends, and how to encourage healthy, balanced online habits in and out of the classroom.

Registration Required to Attend

Deadline to register is Friday, March 6th

Register here: www.psea.org/mer/esp



PENNSYLVANIA STATE EDUCATION ASSOCIATION
EDUCATION SUPPORT PROFESSIONALS

Mideastern Division

