

Mideastern Division 2025-2026 Workshops



Tuesday
October 14, 2025

Tuesday
December 9, 2025

Tuesday
March 10, 2026

Tuesday
May 12, 2026

2025-2026 ESP Mideastern Division Officers & Staff

Cindy Brett President

2068 Maple Wood Avenue
Abington, PA 19001
(c) 215-813-3840
greenpearljam@gmail.com

Brenda McMullen Vice President

3253 Ethan Allen Court
Bensalem, PA 19020
(c) 215-378-2450
brendaleemc@yahoo.com

Ann Marie Milligan Secretary/Treasurer

64 Lawrence Avenue
Holland, PA 18966
(c) 215-801-8621
sa.milligan@verizon.net

ESP Mideastern Division Liaison

Christopher Wolf
(o) 215-853-2100
cwolf@psea.org

ESP Mideastern Division Liaison Staff Associate

Jill Toy
(o) 215-853-2100
jtoy@psea.org

*Location: Mideastern Region Field Office
601 Bethlehem Pike, Bldg. C
Montgomeryville, PA 18936

Time: 5:30 p.m. - Light Dinner
6:00 p.m. Division Meeting
6:30 p.m. Workshop

Tuesday, October 14, 2025 Division Meeting & Workshop

Diversity, Equity, and Inclusion: The Basics

Presenter: Gina Gullo, Asst. Director of Education Services

Diversity, equity, and inclusion (DEI) can often become a vague concept that is difficult to grasp. In this session, participants dive into DEI by learning to distinguish diversity from equity from inclusion. Participants will explore privilege and engage in activities that challenge them to reconsider situations with a lens focused on identifying challenges to DEI and opportunities to enhance the educational environment of all students.

This session is designed for a primary audience of those serving as education support professionals.

Tuesday, December 9, 2025 Holiday Dinner, Division Meeting & Workshop

Paraprofessionals: A Series of Topics to Tap Your Knowledge and Add to Your Skill Set

Presenter: Nathan Greenawalt, Director of Special Field Programs

This course reviews the roles paraprofessionals have in schools with a series of situations that are from real-life. The audience is engaged in the process of determining what staff should do when faced with these real-life challenges.

Please bring a donation/unwrapped toy for Toys for Tots.



Tuesday, March 10, 2026

Annual Spring Division Elections/Meeting & Workshop

Education in a TikTok World: Social Media, Your Mental Health, and Academic Success

Presenter: Michael Bogdan, Asst. Director of Education Services

This engaging session equips educators and support professionals with a better understanding of the evolving role of social media in students' lives. Participants will explore both the positive and negative effects of social media on youth mental health, academic performance, and future aspirations. The session will examine how online platforms influence self-esteem, attention, peer relationships, and emotional well-being. Interactive discussions will focus on digital role modeling, current social media trends, and how to encourage healthy, balanced online habits in and out of the classroom.

Tuesday, May 12, 2026

Division Meeting & Workshop

Maintaining the Balance: Wellbeing Safety & Achievement

Presenter: Gina Gullo, Asst. Director of Education Services

Today's educators are often faced with navigating the precarious balance between wellbeing, safety, and achievement. How can educators use trauma-informed practices and maintain safe and healthy learning environments while also accelerating learning? What is secondary traumatic stress and how can educators maintain professionalism when it hits? Explore these ideas in an open and safe environment. The session will explore challenges, provide language to express needs, suggest strategies to support students, provide a toolkit of additional resources, and include time for member to member discussions of how this connects to their day to day professional challenges.

(In-Person only: Requires a minimum of 20 participants to ensure conversations are possible.)

If you must cancel for any reason, we ask that you please give 48 hours notice before each scheduled Division Meeting/Workshop.

Follow-up information will be sent to your local president approximately three weeks prior to the workshops. Prior registration is required.

To choose the workshops you want to attend, use our online registration at www.PSEA.org/MER/ESP

Certificates of participation will be provided.

Please check your email or contact the Division office prior to each event for updated information.

If you work in Bucks or Montgomery County Schools you should attend the ESP Mideastern Division Meetings.