

# Mideastern Division 2025-2026 Workshops



Tuesday  
October 14, 2025

Tuesday  
December 9, 2025

Tuesday  
March 10, 2026

Tuesday  
May 12, 2026

## 2025-2026 ESP Mideastern Division Officers & Staff

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\*Location: Mideastern Region Field Office  
601 Bethlehem Pike, Bldg. C  
Montgomeryville, PA 18936

Time: 5:30 p.m. - Light Dinner  
6:00 p.m. Division Meeting  
6:30 p.m. Workshop

## Tuesday, October 14, 2025 Division Meeting & Workshop

### *Diversity, Equity, and Inclusion: The Basics*

Presenter: Gina Gullo, Asst. Director of Education Services

Diversity, equity, and inclusion (DEI) can often become a vague concept that is difficult to grasp. In this session, participants dive into DEI by learning to distinguish diversity from equity from inclusion. Participants will explore privilege and engage in activities that challenge them to reconsider situations with a lens focused on identifying challenges to DEI and opportunities to enhance the educational environment of all students.

This session is designed for a primary audience of those serving as education support professionals.

## Tuesday, December 9, 2025 Holiday Dinner, Division Meeting & Workshop

### *Paraprofessionals: A Series of Topics to Tap Your Knowledge and Add to Your Skill Set*

Presenter: Nathan Greenawalt, Director of Special Field Programs

This course reviews the roles paraprofessionals have in schools with a series of situations that are from real-life. The audience is engaged in the process of determining what staff should do when faced with these real-life challenges.

**Please bring a donation/unwrapped toy for Toys for Tots.**



**Tuesday, March 10, 2026**

**Annual Spring Division Elections/Meeting & Workshop**

***Education in a TikTok World: Social Media, Your Mental Health, and Academic Success***

Presenter: Michael Bogdan, Asst. Director of Education Services

This engaging session equips educators and support professionals with a better understanding of the evolving role of social media in students' lives. Participants will explore both the positive and negative effects of social media on youth mental health, academic performance, and future aspirations. The session will examine how online platforms influence self-esteem, attention, peer relationships, and emotional well-being. Interactive discussions will focus on digital role modeling, current social media trends, and how to encourage healthy, balanced online habits in and out of the classroom.

**Tuesday, May 12, 2026**

**Division Meeting & Workshop**

***Maintaining the Balance: Wellbeing Safety & Achievement***

Presenter: Gina Gullo, Asst. Director of Education Services

Today's educators are often faced with navigating the precarious balance between wellbeing, safety, and achievement. How can educators use trauma-informed practices and maintain safe and healthy learning environments while also accelerating learning? What is secondary traumatic stress and how can educators maintain professionalism when it hits? Explore these ideas in an open and safe environment. The session will explore challenges, provide language to express needs, suggest strategies to support students, provide a toolkit of additional resources, and include time for member to member discussions of how this connects to their day to day professional challenges.

*(In-Person only: Requires a minimum of 20 participants to ensure conversations are possible.)*

**If you must cancel for any reason, we ask that you please give 48 hours notice before each scheduled Division Meeting/Workshop.**

Follow-up information will be sent to your local president approximately three weeks prior to the workshops. Prior registration is required.

To choose the workshops you want to attend, use our online registration at [www.PSEA.org/MER/ESP](http://www.PSEA.org/MER/ESP)

Certificates of participation will be provided.

**Please check your email or contact the Division office prior to each event for updated information.**

**If you work in Bucks or Montgomery County Schools you should attend the ESP Mideastern Division Meetings.**