

Facilitated Discussion: Promoting a Healthy Boundaries Classroom*

Presented by: Cori Fecho, PSEA UniServ Representative

November 17, 2025 ♦ Eastern Region Office
4:30-5:00 p.m. registration/light dinner ♦ 5:00-7:00 p.m. workshop

The pressures on students and educators in the classroom environment continue to mount with each passing year. It feels like there is more that needs to be accomplished than there is time allotted within the school day. Many educators and students struggle with maintaining boundaries to promote a healthy work and life balance.



This session will emphasize strategies around setting healthy boundaries while still being effective and efficient at accomplishing expectations within the educational environment. A larger amount of time will be spent on facilitated discussion around needing to set boundaries and how teaching about boundary setting promotes a healthier environment for everyone to work together within. The discussion will provide a safe space around the struggles participants face when employing these strategies and how to continue to grow to create the working environment that makes not only you as an educator but your students feel more successful.

***Paraprofessionals**, if taking this workshop for the hours, it is recommended that you obtain pre-approval from your employer to ensure the hours will be accepted.

Members with teaching certificate, if you provide your PPID #, you will receive 2 Act 48 hours for this workshop.



Pre-registration is required!

Register online at www.psea.org/er/rcpe
or send email to e-rgn@psea.org

no later than November 10, 2025.