

Mideastern Division 2023-2024 Workshops



Wednesday
September 20, 2023

Wednesday
December 13, 2023

Wednesday
March 13, 2024

Wednesday
April 17, 2024

2023-2024 ESP Mideastern Division Officers & Staff

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*Location: Montgomeryville Field Office
601 Bethlehem Pike, Bldg. C

Time: 5:30 p.m. - Light Dinner
6:00 p.m. Division Meeting
6:30 p.m. Workshop

Wednesday, September 20, 2023 Division Meeting & Workshop

Understanding and Supporting LGBTQ+ Students
Presenter: Gina Gullo, PSEA Asst. Director of Ed Services

Educators increasingly express challenges in meeting the growing needs of the students they serve. For some, this includes a need to understand identities, specific terminology, and strategies to support LGBTQIA+ students and communities. This session focuses on providing a basic knowledge of and resources related to each of these elements. Participants can expect to learn: (1) differences between sex, gender, and orientation; (2) basic terminology used by many to express identities within the LGBTQIA+ community; (3) basic strategies to support LGBTQIA+ youth; and (4) where to find additional resources to support educators in supporting LGBTQIA+ youth. While this course is designed to meet the needs of all educators, content might be most beneficial to pupil services educators and teachers of adolescents.

Wednesday, December 13, 2023 Division Holiday Dinner/Meeting & Workshop

Resilience: The Biology of Stress and the Science of Hope
Presenter: Adam Weber, Southern Region UniServ Rep

This session will explore what role Trauma plays in child development as well as possible long term impacts on students as they grow to adulthood. The session will begin with a look at the seminal study which linked Childhood Trauma and Adverse Childhood Experiences to later life onset of chronic disease. The program will then shift to what we can do as Support Staff and/or Professional Educators today to minimize the impact of childhood trauma as well as what services are available for those who have already experienced such trauma. The program will also look at "Positive Childhood Experiences" as a means to mitigate ACE's.

Please bring a donation/unwrapped toy for the US Marines Toys for Tots Program to the meeting.



Wednesday, March 13, 2024

Annual Spring Division Meeting/Elections & Workshop

Conflict Management

Presenter: Nathan Greenawalt, PSEA Director of Special Field Programs

Conflict is inevitable but there are many different styles of managing conflict. This session focuses on your individual conflict styles, types of conflicts, and the information we need to be able to manage them better. The goal is to help individuals empower themselves with choices and enhance the ability to manage conflicts in life. Conflict isn't good or bad—it's how we deal with it that makes all the difference! This workshop is interactive.

Wednesday, April 17, 2024

Workshop ONLY

(Workshop start time 6pm)

Positive Attitude in the Workplace

Presenter: Judith Petruzzi, PSEA Director of Ed. Services

Public Education is a stressful endeavor, even when you love it! This course provides a variety of ways to care for yourself and project a positive attitude to colleagues, parents and the community.

Follow-up information will be sent to your local president approximately three weeks prior to the workshops. Prior registration is required.

To choose the workshops you want to attend, use our online registration at www.PSEA.org/MER/ESP

If you no longer can attend, please give the office 24 hours notice.

Please check your email or contact the Division office prior to each event for updated information.

If you work in Bucks or Montgomery County Schools you should attend the ESP Mideastern Division Meetings.